

# New Prague Girls Fastpitch Association

Go to [npgfa.org](http://npgfa.org) for more info.

## Mission Statement:

*New Prague Girls Fastpitch Association is committed to teaching the fundamentals of competitive Fastpitch softball. We are here to promote leadership, cooperation, team skills, to deal with accomplishments and disappointments, to improve self-confidence and self-esteem and to have FUN! We do this as a feeder system to New Prague Schools.*

## TRYOUT PROCESS

### GENERAL TRYOUT PROCESS

Players are judged on their Infield, Outfield and Batting skills. See the details for how each skill is judged.

Judges are volunteers. 2-3 judges will judge each of the 3 Skills.

### PITCHER TRYOUT PROCESS

Pitcher tryouts are used to insure those positions are filled on the top teams. The pitcher tryouts do not affect the general scores and are not required. See the details for how each skill is judged.

## PITCHER SCORING GUIDE

### STRAIGHT PITCHES

2 PITCHES OVER THE PLATE	SCORE 1-5 POINTS
2 PITCHES OUTSIDE CORNER	SCORE 1-5 POINTS
2 PITCHES INSIDE CORNER	SCORE 1-5 POINTS
2 PITCHES OVER PLATE	SCORE 1-5 POINTS

### OPTIONAL PITCH (14U and above only)

PITCHER'S CHOICE OF PITCH THROW PITCH 3 TIMES	SCORE 1-5 POINTS
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### SECOND OPTIONAL PITCH (16U and above only)

PITCHER'S CHOICE OF PITCH THROW PITCH 3 TIMES	SCORE 1-5 POINTS
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### SPEED

5 PITCHES FOR SPEED	RECORD SPEED
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### FIELDING BUNTS

PITCH BALL, CATCHER ROLLS OUT SIMULATED BUNT, PITCHER FIELDS AND THROWS TO FIRST 3 ATTEMPTS 2-3 Judges	SCORE 1-5 POINTS
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## INFIELD SCORING GUIDE

FIELDING		THROWING	
Score	Skill Description	Score	Skill Description
5	<b>Excellent For Age Group</b> Feet Apart, Good Balance Body Centered In Front Of Ball Low Stance, Bent At Waist And Knees Hands Low And Moving Under Ball Quick Preparation For Throw	5	<b>Excellent For Age Group</b> Body Positioned To Align With Target Hop Or Single Step To Release "L" Or Short Cocking Of Arm Strong Flat Throw For Age Group Very Good Accuracy
4	<b>Almost A 5 But:</b> One Fielding Attribute Sub Par Or Not All Balls Fielded Cleanly	4	<b>Almost A 5 But:</b> Less Pace To Throw Or Less Accuracy
3	<b>Average For Age Group</b> May Be A Good Fielder But Clearly Distinguishable From A "5" Due To Form Or Results Occasional Missed Ball	3	<b>Average For Age Group</b> May Have Good Throws But Clearly Distinguishable From A "5" Due To Form Or Results Longer Preparation / Footwork
2	<b>Below Average For Age Group</b> Reasonable Results But Evident Form Flaws	2	<b>Below Average For Age Group</b> Evident Form Flaws Or Weak Throw Or Accuracy For Age Group
1	<b>Significantly Below Age Group</b> Poor Balance Or Upright Hands Not Down Under Ball Many Missed Balls	1	<b>Significantly Below Age Group</b> Very Weak Throw Poor Accuracy

Balls Fielded From Approximate Shortstop Position and Thrown To 1<sup>st</sup> Base  
Five Chances, 1 Straight On, 2 Moving To Left, 2 Moving To Right

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## OUTFIELD SCORING GUIDE

### FIELDING

Score	Skill Description
5	<b>Excellent For Age Group</b> Feet Apart, Good Balance Body Centered Under Ball Hands Above Head And Clean Receipt Of Ball Smooth Preparation For Throw
4	<b>Almost A 5 But:</b> One Fielding Attribute Sub Par Or Not All Balls Fielded Cleanly
3	<b>Average For Age Group</b> May Be A Good Fielder But Clearly Distinguishable From A "5" Due To Form Or Results Occasional Missed Ball
2	<b>Below Average For Age Group</b> Reasonable Results But Evident Form Flaws
1	<b>Significantly Below Age Group</b> Poor Balance Not Under Ball Or Doesn't Catch Above Head Many Missed Balls

### THROWING

Score	Skill Description
5	<b>Excellent For Age Group</b> Body Positioned To Align With Target Crow Hop Or Single Step Short Prep Run Long Arm Preparation And Strong Follow-through Strong Flat Throw For Age Group Very Good Accuracy
4	<b>Almost A 5 But:</b> Less Pace To Throw Or Less Accuracy
3	<b>Average For Age Group</b> May Have Good Throws But Clearly Distinguishable From A "5" Due To Form Or Results Longer Preparation / Footwork
2	<b>Below Average For Age Group</b> Evident Form Flaws Or Weak Throw Or Accuracy For Age Group
1	<b>Significantly Below Age Group</b> Very Weak Throw Poor Accuracy

Balls Thrown From Approximate Distance of Left Field to 2<sup>nd</sup> Base  
Five Chances, 1 Straight On, 1 Moving To Left, 1 Moving To Right, 1 Moving in, 1 Moving back

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## BATTING SCORING GUIDE

FORM		CONTACT & POWER	
Score	Skill Description	Score	Skill Description
5	<b>Excellent For Age Group</b> Feet Shoulder Width Apart And Weight Balanced Or Slightly Over Back Leg Hands Back & Bat In Good Ready Position Short Stride Compact Swing With Hands Moving Quickly To Ball Good Follow-through And Wrist Roll Timing Right On For Most Pitches	5	<b>Excellent For Age Group</b> Excellent Contact Most Pitches Strong Ball Acceleration For Age <b>Not Required To Be All Line Drives</b> Can Be Hard Grounders Or Well Hit Flies
4	<b>Almost A 5 But:</b> Slight Flaws In Some Form Attributes	4	<b>Almost A 5 But:</b> Slightly Less Contact Or Power
3	<b>Average For Age Group</b> Good Hitter But Clearly Distinguishable From A "5" Due To Form Or Results One Major Or Several Minor Form Difficulties	3	<b>Average For Age Group</b> May Have Good Contact Or Power But Clearly Distinguishable From A "5" Due Lack Of Consistency
2	<b>Below Average For Age Group</b> Reasonable Swing But Evident Form Flaws	2	<b>Below Average For Age Group</b> Reasonable Results But Noticeably Less Contact Or Power
1	<b>Significantly Below Age Group</b> Poor Balance Major Swing Flaws	1	<b>Significantly Below Age Group</b> Very Poor Contact

First Rotation: 2 Practice Bunts and 4 Practice Swings.

Scoring Rotation: 5 Bunts followed by 10 Swings in Batting Cage